

# Human Resources Directory



A comprehensive guide to services available to Fluvanna County residents through local and regional agencies.

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Information provided by the Fluvanna County Interagency Council, initiated and compiled by the Fluvanna Ruritan Club, and formatted, printed, and distributed by the Fluvanna County Board of Supervisors.

Directory also available on-line at: [www.co.fluvanna.va.us](http://www.co.fluvanna.va.us)

**EMERGENCY: CALL 911**

## FLUVANNA SERVICES

### ADULT SERVICES

#### Assistance

See ASSISTANCE PROGRAMS (next column)

#### Auxiliary Grants

Financial assistance is available for certain needy elderly, blind or disabled persons in adult care residences whose income is insufficient to cover the cost of their care.

Social Services 842-8221

#### Counseling

Mental health support services, medication and mediation.

Region 10 Comm. Serv. 589-8276

Central VA Community Health Center 581-3271

James River Mediation 589-2060

#### Day Care

Furnishes impaired adults of all ages with therapeutic care including medical management, meals, recreation and socialization.

JABA 817-5258

#### Health

See Health Services (page 3)

#### Home Care

Companion, chore and adult day care to enable elderly or disabled adults to remain in their homes.

Social Services 842-8221

JABA 842-1033

Hospice of the Piedmont 975-5500

#### Protective Services

Protect adults from abuse, neglect or exploitation.

Social Services 842-8221

### ASSISTANCE PROGRAMS

#### Disabilities

Temporary and long-term care assistance.

Social Services 842-8221

Reg. 10 Comm. Serv. 972-1800

Department of Rehabilitation Services 296-5621

#### Emergency Food, Clothing, Shelter

Temporary assistance.

MACAA 842-2521

Social Services 842-8221

Golden Rule 286-2328

American Red Cross 979-7143

Salvation Army 295-4058

#### Financial Management

Counseling and budgeting information for better financial planning.

VA Cooperative Ext. 591-1950

#### Food Stamps

Federal program that supplements the food budgets of lower income household to help assure persons a nutritionally adequate diet.

Social Services 842-8221

#### Holiday Assistance

Food packages and toys assistance for Christmas and Thanksgiving.

MACAA 842-2521

Fluvanna Christian Service

Society 589-8231

#### Hospitalization

See Medical Insurance this page

### ASSISTANCE PROGRAMS

(cont.)

#### Medicaid/Medicare

See Medical Insurance this page

#### Medical Insurance

Health insurance to provide medical care for specified eligible families, children and or adults who meet income and resource criteria.

Social Services 842-8221

United Way 972-1703

#### Prescriptions

See Medical Insurance above

#### Temporary Assistance

Eligible households receive assistance with their home heating and cooling bills and limited repairs/purchase of heating and cooling systems.

Social Services 842-8221

VA Weatherization Program 293-3777

#### Utilities

See Temporary Assistance above

Also see FAMILY AND CHILDREN SERVICES (page 2)

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**EDUCATION & TRAINING PROGRAMS**

Classes and services in academic skills, reading, GED, higher education, special interests such as home and garden, and certification in food safety, CPR, etc.  
 VA Cooperative Ext./4H 591-1950  
 VA Employment Commission 984-7630  
 American Red Cross 979-7143  
 Fluvanna County School Board 589-8208  
 Piedmont VA Community College 977-3900  
 Adult Education & Literacy 589-8208  
 Literacy Volunteers 589-2060

**EMERGENCIES**

Rescue Squad Call 911  
 Fire Call 911  
 Police Call 911  
 Disaster Call 911  
 Poison Control 800-222-1221  
 Animal Problem Call 911  
 Hospitals:  
 Martha-Jefferson 982-7000  
 UVA 924-0211

**EMPLOYMENT SERVICES**

Comprehensive employment assistance  
 VA Employment Serv. 984-7630  
 Social Services 842-8221  
 JABA 817-5257  
 Department of Rehabilitative Services 296-5621  
 Work Source Enterprises 972-1730  
 MACAA 842-2521  
 Piedmont Works 977-2662

**FAMILY AND CHILDREN SERVICES**

**Adoption**  
 Assist eligible children in becoming permanent members of a family unit. Financial assistance may be available for some children and families.  
 Social Services 842-8221

**After School Care & Enrichment Activities**  
 Grades K-5:  
 School Board 589-8208  
 Grades 6-8:  
 Parks & Recreation 842-3150

**Child Protection**  
 Reports of abuse or neglect of children under 18 years of age are investigated with the goal of protecting children from medical, physical, sexual, emotional and mental abuse/neglect. Services are provided to alleviate and prevent child abuse and neglect.  
 Social Services 842-8221

**Day Care**  
 Financial assistance for day care services provided in approved homes or centers for children whose parents are employed. Parents pay a portion of cost based on their income.  
 Social Services 842-8221  
 Children, Youth and Family Services 296-4118

**Domestic Violence**  
 Safe shelter, free walk-in counseling and support groups, legal advocacy, case management and children's programs.  
 Shelter for Help in Emergency 293-8509

**FAMILY AND CHILDREN SERVICES (cont.)**

**Foster Care**  
 Temporary substitute care is arranged for children who cannot be in their homes with goals for each child to be returned safely to their home, adoption or permanent foster care.  
 Social Services 842-8221

**Insurance for Children**  
 Free or low cost insurance for children.  
 United Way 972-1703

**Mental Health**  
 Counseling, support services and medication  
 Reg. 10 Comm. Serv. 589-8276  
 Central VA Community Health Center 581-3271  
 James River Mediation 589-2060

**Parenting**  
 Regular and court ordered classes to assist you in raising your children.  
 VA Cooperative Ext. 591-1950  
 JABA/Grandparents 817-5222  
 Social Services 842-8221

**Special Mentoring**  
 If you need someone to work with you on regular basis to solve family or personal problems.  
 VA Cooperative Ext. 591-1950  
 Sheriff's Office 589-8211  
 United Way 972-1703  
 Salvation Army 295-4058

**Temporary Assistance to Needy Families**  
 Financial assistance for eligible children and their families.  
 Social Services 842-8221

**FAMILY AND CHILDREN SERVICES** (cont.)

**Youth Services**

Assesses & helps address the needs of youth relative to delinquency prevention.  
REACH (after school care for middle school children) 842-5303

**HEALTH SERVICES**

**Children's Health**

Assist families in establishing a medical and dental provider, meeting social needs and promoting positive parenting.  
Health Dept. 591-1960  
Child Health Partnership 591-1975

**Clinics**

Family planning and maternity, blood pressure screening, HIV testing, immunizations and TB risk screening.  
Health Dept. 591-1960  
Central VA Community Health Services (Medical & Dental Services) 581-3271

**Environmental**

Location, permitting and design of wells and sewage disposal systems, food service inspection of various establishments and a rabies program.  
Health Dept. 591-1965

**General Nutrition**

Nutrition information and classes offered to promote wellness and chronic disease prevention and control.  
VA Cooperative Ext. 591-1950

**Home Care**

See Adult Services (page1)

**HEALTH SERVICES** (cont.)

**Hospice**

Provide interdisciplinary care for terminally ill patients and their families.  
Hospice of the Piedmont 817-6900

**Immunizations**

Children and adult immunizations offered.  
Health Dept. 591-1960

**Mental Health**

Counseling, support services and medication.  
Region 10 Comm. Serv. 589-8276  
Central VA Community Health Services 581-3271

**Prevention**

Provides recommendations on how to avoid communicable diseases.  
Health Department 591-1950  
American Red Cross 979-7143

**Substance Abuse**

Counseling and support services.  
Region 10 Comm. Serv. 589-8276  
AA 293-6565  
Narcotics Anonymous 979-8298

**Women, Infant & Children (WIC)**

Nutritional programs for healthier living.  
Health Dept. 591-1960  
Central VA Community Health Center 581-3271  
Child Health Partnership 591-1975

**HOUSING SERVICES**

**Adaptive Home**

Portable, modular aluminum ramps available.  
Fluvanna Housing Foundation 589-4820  
JABA 817-5222

**Home Ownership**

Credit counseling, budgeting and low interest loans.  
Fluvanna Housing Foundation 589-4820  
MACAA 842-2521  
Habitat for Humanity 589-3752

**Home Repair**

Loans and grants to keep homes safe.  
Fluvanna Housing Foundation 589-4820  
JABA 842-1033  
(Jefferson Area Board for Aging)  
VA Weatherization Program 293-3777  
Rural Development 979-0047

**Rental Subsidization**

Fluvanna Housing Foundation 589-4820  
Salvation Army 295-4058  
Charlottesville Redevelopment & Housing Authority (disabled only) 970-3253

**Temporary Shelter**

MACAA 842-2521  
Salvation Army 295-4058

**LEGAL SERVICES**

Free or reduced cost for legal assistance plus special services for juveniles.  
Legal Aid Society 977-0553  
Piedmont Court Appointed Special Advocates 971-7515  
Fluvanna Juvenile Intake Office 589-3278

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**MEDICAL SERVICES**

See Health Services (page 3)

**PUBLIC SAFETY PROGRAMS**

**Animal Control** 591-1070

**Crime Prevention**  
Criminal justice information on safety and security concerns on how to assist in preventing crimes.  
Sheriff's Office 589-8211

**Domestic Violence**  
Sheriff's Office 589-8211  
Shelter for Help in Emergency 293-8509

**Home Alone**  
Elderly and child safety tips.  
Sheriff's Office 589-8211

**Home Security**  
Ideas on how to protect property.  
Sheriff's Office 589-8211

**Neighborhood Watch**  
Community cooperative safety issues.  
Sheriff's Office 589-8211

**Property crimes**  
Information for personal and business safety measurements.  
Sheriff's Office 589-8211

**Sexual Assault**  
Information & counseling for victims of sexual assault.  
Sexual Assault Resource Agency 295-7273

**SENIOR PROGRAMS**

**Adult Daycare**  
See ADULT SERVICES (page 1)

**Aging Assessment/ Care Management**  
Various services to enable elderly and/or disabled adults to remain in their home.  
Social Services 842-8221  
JABA 842-1033

**Health Insurance Counseling**  
Trained volunteers offer counseling and assistance with Medicare, Medicaid and Long Term Care insurance programs, policies, and bills.  
JABA 817-5252

**Heating and Cooling Assistance**  
Financial assistance for home heating and cooling bills.  
MACAA 842-2521  
Social Services 842-8221  
JABA 842-1033

**Home Delivered Meals**  
Brought to the frail homebound by JABA.  
JABA 842-1033

**Home Care**  
Provides personal care aides and private duty nurses for meal preparation, shopping, dressing, transportation, housekeeping, companionship, bathing, etc.  
JABA 842-1033  
Social Services 842-8221

**Nursing Home/Personal Care**  
Medical and social assessment to determine need for services.  
Social Services 842-8221  
Health Dept. 591-1960

**SENIOR PROGRAMS (cont.)**

**Long Term Care Ombudsman**  
Provides complaint counseling, mediation and advocacy for residents, families and visitors of Adult Care residences, Nursing Homes, adult day care facility residents and home care service recipients.  
JABA 817-5241

**Retired Senior Volunteer Program**  
Volunteers who are 55 and over are assessed and matched with meaningful volunteer positions and placed at over 100 volunteer stations.  
JABA 817-5245

**Senior Employment**  
Provides job training, job recruitment, referrals, counseling and employment in part-time training positions at non-profit agencies.  
JABA 817-5222

**Senior Health Services**  
On going nursing case management in clinic or home.  
JABA 842-1033

**Senior Wellness Center**  
Offer nutritious midday meals, health education and screening, recreation and access to other services.  
JABA 842-3693

**SEXUAL ASSAULT**  
Sexual Assault Resource Agency (SARA) Office 295-7273  
Rape Crisis Hotline 977-7273

**SUPPORT GROUPS**

**Alcohol Abuse**

Alateen 296-7128  
AA 293-6565

**Drug Abuse**

Narcotics Anonymous 979-8298

**HIV/AIDS**

West Haven Clinic 971-1200

**Cancer**

UVA Cancer Center 982-1764  
Friends Cancer Group 923-7925  
FLUV Us Too 589-4231

**Alzheimers**

Alzheimers Group 973-6122

**Death/Grief Bereavement**

Hospice of the Piedmont 817-6900  
Compassionate Friends 973-8844

**Domestic Violence**

Home Friendly Visitors 972-1869  
Shelter for Help in Emergency  
293-8509

**Men & Women Divorce**

Focus Women's Resource Center  
293-2222

**Mental Illness**

Mental Health Assoc. 977-4673

**Parenting**

CYFS 296-4118

**Parents of children with disabilities**

Piedmont Reg. Education 589-8208

**Single Mothers**

Charlottesville Pregnancy Center 979-4516

**TRANSPORTATION**

Weekday routes to Charlottesville, service within county, Medicaid transportation, rides to Senior Citizen programs and Human Service agencies.

JAUNT 296-3184  
Rideshare 295-6165

**Car donations for those in need**

MACAA 842-2521

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If you need a new or extra Fluvanna County directory, please call 842-8221.

A free directory of all Human Services available in the Piedmont Area called

**"Where To Turn"**

can be obtained at the Charlottesville United Way office (972-1703).



**Fluvanna County Government**

Building Inspections Dept. 591-1935  
Child Health Partnership 591-1975  
County Administration 591-1910  
Commissioner of Revenue 591-1940  
Commonwealth's Attorney 591-1985  
Circuit Court Clerk 591-1970  
District Court Clerk 591-1980  
Finance Department 591-1930  
Health Department 591-1960  
Health Dept.- Environmental 591-1965  
Juvenile & Domestic Relations Court  
591-1980  
Parks & Recreation 842-3150  
Planning Department 591-1910  
Public Works 591-1925  
Registrar 589-3593  
Sheriff 589-8211  
Social Services 842-8221  
Treasurer 591-1945  
VA Cooperative Extension 591-1950