



## **Fluvanna County Partnership For Aging (FPA)**

**January 23, 2017**

**4:00 pm**

### **Meeting Minutes**

Stephanie called the meeting to order at 4:05

#### **Those present:**

- Stephanie Fick—Cunningham Rep, Chair
- Curtis Putnam—Columbia Rep, Vice-chair
- Linda Bernick—Palmyra Rep, Secretary
- Nan Weikert—At-Large Rep
- Joe Chesser--MOW
- Brian Cohen--JAUNT PR
- Richard Gokey--(DHHSC) Deaf and Hard of Hearing Services and his interpreter, Lisa
- Diane Dean—Jefferson Pharmacy
- Sean Sweeney—FLUCO Parks and Rec
- Demetria Carter-Washington—DSS
- Brian Coltren—JAUNT
- Pat Bryant and Becky Goodman—Effort Church
- Jan Hall
- Sue Liberman—Senior Solutions (C'ville)
- Heather Marshall—T+L Companions
- Crystal Evatt—ATHCS (At-Home Care Staffing)

#### **1. Welcome and introductions**

**2. Consideration of Nov, 2016 minutes;** moved by Nan, seconded by Curtis

#### **3. Old Business:**

- Recruitment for the Fork Union and Rivanna vacancies. Flyer updated.
- FLDP Volunteer Fair produced some limited interest
- Pickleball –offered 3 times per week; updated via email, if desired, via Amy
- as per Sean, season has been extended from Fall outdoors to Winter indoors; possibly will send contestants to Senior Games

#### **4. Reports**

- Strategic Planning Communication System – Curtis' various volunteer efforts make him less available; asks for someone else to take the lead

- Transportation – JAUNT plus church plus volunteers

## 5. New Business

### SENIOR NEWSLETTER—JANICE HALL

- by-product of FLUCO Helping Hands Facebook page
- base newsletter on info in Senior Resource Guide; provide a standardized list
- 3 times per year, highlighting one of the services provided or programs provided to seniors, Senior Centers, etc.
- Contact info plus feedback
- Insert in Fluvanna Review--\$55 for insert per 1000 plus printing costs; may also include info for others
- Small group to organize; no ads, but sponsors
- Pointed out that Fluvanna Review is not delivered to all residents in FLUCO
- Sean is interested and supportive of the effort
- Linda moves that Jan be chair of the Communications sub-committee to form a solid plan/budget; seconded by Nan

### POTENTIAL EQUIPMENT LOAN PROJECT

- Pat Bryant and Becky Goodman from Effort Church, to coordinate an “Equipment Closet” similar to *All Blessings Flow* in C’ville
- Goals: make equipment available free-of-charge, e.g., through checkout or distribution
- JABA may still have manuals concerning parameters; also contact MACAA, since often equipment is donated there
- Lake Monticello HOA has a system of matching residents with those who can provide
- Pat: 540-874-5660; Becky: 589-1631

## 5. Speaker – (DHHSC) Deaf and Hard of Hearing Services, Richard Gokey

For whatever reason people lose this capacity, Richard provides various equipment and services. Explained that there is an application form and corresponding process for granting access. Gave a demonstration of equipment. Also made reference to website: Harris Communications and offered catalogs from DHHSC

## 6. Reports from partners

- MOW—70 clients per diem; looking for volunteers; Route 4 is growing and may split in two (at the Lake); 6 routes in total; 5 days per week plus weekend through Palmyra and Cunningham UMC; pet food also desired and often supplied through SPCA; Dogwood Restaurant provides food; *Penguin Plunge* at Lake Monticello Main Beach (Feb 18<sup>th</sup>) will

benefit MOW; contact office if service desired; Barbara Shaffer is contact for volunteers: 703-328-7674 or bshaffer@gmail.com

- Jefferson Pharmacy—sells DME products and provides rentals; sends used medical equipment to MACAA
- Parks and Rec—3 Senior Centers now open and growing; services provided at Fork Union with hope to extend them to others; difficult to get info out; new programs in the works, including trips; info through county website and FANmail
- At Home Staffing—comes through the C'ville location to Fluvanna and is growing; looking to hire personnel for Fluvanna
- JAUNT—nothing new to report for FLUCO other than seeking additional funding; routes and times available for distribution
- Fluvanna Social Services Adult Protective Services--Senior Abuse—65+ and older; currently, a lot of financial exploitation; identify and provide resources
- Sue—geriatric care manager; aware that the senior population in FLUCO grossly underserved and uninformed; starting an advocacy group to pull together those who provide direct services to seniors in various forms; put together network for alert purposes and education to senior and their caretakers, family, etc.; initial outreach at Sue's home end-of-February; neighbor-to-neighbor, as well as professional
- T&L Companions—celebrated 25 years in Fluvanna; located on Lake Monticello Rd; homecare

Sue volunteers to be the speaker at our next meeting in March

6. Adjournment of FPA public meeting at 5:45 by acclamation

Next meeting FPA: Monday, March, 20<sup>th</sup>, 2017 4:00 – 5:30 pm  
in the Conference Room of Fluvanna County Library