



# **FLUVANNA**

## **PARKS & RECREATION**

- **Active Older Adults**
- **Athletics and Fitness**
- **Enrichment**
- **Outdoor Activities**
- **Special Events**

### **Winter/Spring 2018 Program Guide**



**Plan your new year events with Parks and Recreation!**

## MISSION STATEMENT

Our Parks and Recreation Department's mission is to promote opportunities for all residents to pursue safe and enjoyable leisure activities in balance with the protection and conservation of Fluvanna's natural resources.

### FLUVANNA PARKS AND RECREATION STAFF

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### FLUVANNA PARKS AND RECREATION ADVISORY BOARD

Members shall advise the Director of Parks and Recreation and the Board of Supervisors on the planning and development of a comprehensive system of parks and recreation services for the benefit of the citizens of Fluvanna County. Members also serve as a liaison between the Parks and Recreation Director, the Board of Supervisors and the citizens of the county.

**Mike Sheridan - BOS Liaison**

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**Scott Morris - School Liaison**

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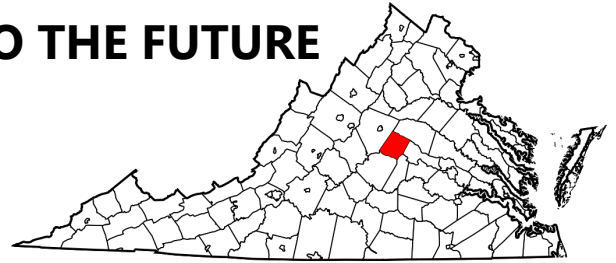
#### **Financial Assistance**

Parks and Recreation offers scholarships to Fluvanna County residents who qualify. Please fill out a scholarship application and provide a copy of your most recent pay stub for management to review. You can find the form on the Parks and Recreation website or at one of our offices. Each household member is allowed one discounted program per program guide.

#### **Volunteer Opportunities**

We are committed to working cooperatively in the development of our programs and amenities to identify and meet the needs of our citizens. Become an active partner with us as we strive to improve the quality of life for all Fluvanna County residents. Call (434) 589 - 2016 for opportunities to get involved.

# FLUVANNA COUNTY ... THE HEART OF VIRGINIA AND YOUR GATEWAY TO THE FUTURE



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## BOARD OF SUPERVISORS

- **Columbia District:** Mike Sheridan  
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- **Cunningham District:** Donald W. Weaver  
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- **Fork Union District:** Mozell Booker  
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- **Palmyra District :** Patricia B. Eager  
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- **Rivanna District:** Tony O'Brien  
[tobrien@fluvannacounty.org](mailto:tobrien@fluvannacounty.org)

Board Meetings are the 1st Wednesday at 4pm  
and 3rd Wednesday at 7pm of every month.  
[www.fluvannacounty.org/government/bos](http://www.fluvannacounty.org/government/bos)

## HOW TO REGISTER FOR PROGRAMS

- Registration for all programs and activities opens as soon as the current program guide is distributed.
- You must be signed up one week prior to the first class of each session.
- You must be registered to participate in a program, unless listing states otherwise.
- Register online at <https://fluvanna.recdesk.com/Community/Page?pageId=7913> and click "Log In."
- Register in person at the following locations during business hours:
  - **Pleasant Grove House Museum** 271 Pleasant Grove Drive, Palmyra, VA 22963  
Monday - Friday, 8am - 5pm & Saturday - Sunday 12 - 4pm.
  - **Fluvanna Community Center** 5725 James Madison Highway, Fork Union, VA 23055  
Monday - Friday, 8am - 5pm.
- After business hours, you can leave registrations and payments in one of our three drop boxes:
  - **Pleasant Grove Equestrian Parking** 271 Pleasant Grove Drive, Palmyra, VA 22963
  - **Carybrook Sports Complex** 8788 James Madison Highway, Palmyra, VA 23055
  - **Fluvanna Community Center** 5725 James Madison Highway, Fork Union, VA 23055
- Course instructors will not collect fees.
- A \$20 charge will be added for any returned check.

# ATHLETICS AND FITNESS

## PICKLEBALL

### Adults / FREE

Pickleball is a cross between Ping Pong, Tennis, and Badminton and is the fastest growing sport for athletes 50 and over! Players use oversized wooden paddles and a whiffle ball that moves and bounces slower than a tennis ball. The game is played on a badminton sized court that is divided by a 34 inch high net making the game easier for athletes to cover the court. Paddles and balls are provided. Come join this activity which is fast paced, easy to learn, a great exercise and is a lot of fun!

**Jun 8 - Mar 19:**      Mondays      6 - 8:30pm (Annex Gym @ Fluvanna Middle School)  
                              Fridays        1:30 - 4pm (Carysbrook Gym)  
                              Saturdays     6 - 8pm      (Carysbrook Gym)

**Mar 26 - May 26:**   Mondays      6 - 8:30pm (Carysbrook Gym)  
                              Fridays       1:30 - 4pm (Carysbrook Gym)  
                              Saturdays     6 - 8pm      (Carysbrook Gym)

**Contact Alexandra Jones with questions at (434) 842 - 3150 or  
ajones@fluvannacounty.org.**



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## AFTER SCHOOL KARATE - TAE KWON DO KARATE

### Ages 5+ / Wednesdays / See Dates and Times Below / \$55 / Carysbrook Gym

Afterschool Tae Kwon Do Karate will begin on Wednesday, January 3. This martial arts is a branch of Grand Master Dong's whose headquarters is in Richmond. In this 6 week session, beginner students will learn their basics - (front snap kick, blocks, punches, and self-defense grabs). The classes help to improve self-confidence and self-discipline while learning how to protect and defend. Skills are taught and reinforced with fun learning skills- (targets, stations, partners, and blocking games). Students are always learning while never getting bored! Colored belt students will continue to learn their requirements for their next ranking belt. Instructor Bonnie Snoddy is a 5th degree black belt with many years of teaching experience.

**Session 1:**    Jan 3 - Feb 21                      (No class Jan 31 or Feb 7)

**Session 2:**    Feb 28 - Apr 11                    (No Class Apr 4)

**Session 3:**    Apr 18 - May 23

**BEGINNER & WHITE BELTS (ages 5 & up)**                      3:30 - 4:10pm

**COLORED BELTS (all colored belt ranks)**                      4:15 - 5:00pm

**Contact Jonathan Pace with questions at (434) 842 - 3150 or  
jonathanpace@fluvannacounty.org.**

# ATHLETICS AND FITNESS

## **HATHA YOGA 1 & 2 MIXED LEVELS**

**Ages 16+ / See Dates Below / 10:30- 11:45am / \$48 / Fluvanna Community Center**

Discover new health and serenity by learning to both tone and relax the body and to calm the mind. Bring a mat and small pillow. Do not eat for two hours prior to class. Beginners are welcome! Instructor Devi Peterson (RN) is certified to teach Integral Yoga Hatha Levels 1 and 2. If you need to register please arrive 15 minutes early so you can be ready for class.

<b>Session 1:</b> Jan 10 - Feb 14		Wednesdays
<b>Session 2:</b> Jan 22 - Mar 5	(No class on 2/19)	Mondays
<b>Session 3:</b> Feb 28 - Apr 4		Wednesdays
<b>Session 4:</b> Mar 19 - Apr 23		Mondays
<b>Session 5:</b> Apr 18 - May 23		Wednesdays
<b>Session 6:</b> May 7 - June 18	(No class on 5/28)	Mondays



**Contact Jonathan Pace with questions at (434) 842 - 3150 or [jonathanpace@fluvannacounty.org](mailto:jonathanpace@fluvannacounty.org).**

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## **HOMESCHOOL GYM**

**Ages 5 - 14 / Mondays / March 5 - April 30 (No class 4/16) / See Times Below / \$50; \$5 off for each additional sibling / Carysbrook Gym**

Looking for a way to get your child involved in physical activity? If so, come learn the basics of a few sports. This program is designed for homeschool kids to get some activity during the week. We will focus on football for the first four weeks and soccer for the last four weeks, weather permitting.

**Ages 5 - 9 (1 - 1:50pm)**

**Ages 10 - 14 (2 - 2:50pm)**

**Contact Jonathan Pace with questions at (434) 842 - 3150 or [jonathanpace@fluvannacounty.org](mailto:jonathanpace@fluvannacounty.org).**

# **ATHLETICS AND FITNESS**

## **KIDDIE TEE-BALL**

**Ages 3 & 4 / Saturdays / April 7 - May 12 / 10 - 11am / Carysbrook Gym / \$50**

**Instructor: Harold Boyd**

The Fluvanna County Parks and Recreation Kiddie Tee-Ball is an exciting and innovative sports program that introduces 3 & 4 year olds to the game. Fun, skill development, socialization, teamwork and parent/child interaction are emphasized. Children learn basic sport skills in a safe, age appropriate, noncompetitive environment. First 3 weeks in gym, second 3 weeks outside. On the last week, we will travel to Charlottesville to scrimmage a team from the YMCA for a game-type atmosphere.

**Contact Jonathan Pace with questions at (434) 842 - 3150 or [jonathanpace@fluvannacounty.org](mailto:jonathanpace@fluvannacounty.org).**

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## **NEW**

## **FCPR ADULT BASKETBALL LEAGUE**

**Ages 18 + / Sundays / June 3 - July 29 / 12 - 4pm / \$75 per player /**

**Fluvanna Middle School Gym**

Fluvanna County Parks and Recreation is starting a new adult basketball league this summer. The league will consist of an 8 game regular season and 1 weekend of a single elimination tournament. You may sign-up a full team or as a single. All singles will be placed on to teams that need extra players to reach the minimum. All teams must have at least 7 paying participants. We will take up to 8 teams maximum.

**For more information contact Jonathan Pace at (434) 842 - 3150 or [jonathanpace@fluvannacounty.org](mailto:jonathanpace@fluvannacounty.org).**



# ACTIVE OLDER ADULTS

## ACTIVE OLDER ADULT CENTERS

Fluvanna County's Active Older Adult programs provide a variety of recreation and leisure activities for ages 55+ at several locations. Activities include crafts, cultural events, field trips, guest speakers, and community forums. Seniors also participate in library events, holiday functions, and other therapeutic recreation programs. Most programs are free unless otherwise indicated.

**Fork Union Active Older Adult Center:** Wednesdays weekly,  
10am - 2pm: Fluvanna Community Center.

**Cunningham Active Older Adult Center:** 1st and 3rd Monday of every month,  
10am - 2pm: Scottsville VFW.

**Kents Store Active Older Adult Center:** 2nd and 4th Thursday of every month,  
10am - 2pm: Kent's Store ARC Building.

**NEW Center below opening January 16th, 2018.**

**Troy Active Older Adult Center:** 1st and 3rd Tuesday of every month,  
10am - 2pm: Beaver Dam Baptist Church

**Please contact Alexandra Jones with questions at (434) 842 - 3150 or  
[ajones@fluvannacounty.org](mailto:ajones@fluvannacounty.org).**



### **Interested in Teaching a Class or Workshop?**

Teaching doesn't have to be hard! Tell us what you like, we'll help you make the curriculum, advertise the program, and bring you the students.  
Call (434) 589 - 2016 to discuss your class interest.

### **FCPR Inclement Weather Policy**

In the event of inclement weather, the Parks and Recreation Department's sponsored activities will be cancelled if Fluvanna County Schools are closed or close early for the day. Call (434) 589 - 2016, Monday - Friday 8am - 5pm or visit our Facebook page for info about Parks and Recreation Programs.

Fluvanna County Parks and Recreation Presents...

# FATHER Daughter DANCE



February 9th AND February 10th from 6 - 9pm

\$20 per couple

\$5 for each additional family member

Ages 5 - 12

Registration ENDS February 6th at 5pm. NO EXCEPTIONS.

Location: Fluvanna Middle School Gymnasium

Photos by *Fluvanna Sports Photography*.

**\*This event is being held 2 nights.  
You may register for 1 night only.  
Each event is limited to  
200 registrations per night\***



Enjoy a special evening of dancing and refreshments.

If you have any questions please contact Alyson Pieno  
at (434) 589 - 2016 or [apieno@fluvannacounty.org](mailto:apieno@fluvannacounty.org).

Register at [www.fluvanna.recdesk.com](http://www.fluvanna.recdesk.com) or at one of our  
two office locations.





Fluvanna County Parks and Recreation  
presents our annual



# Easter Egg Hunt!

**Free Event**

**Ages: Infant - 12 Years Old**

**Saturday, March 31st from 9am - 12pm  
at Pleasant Grove Park**

**Egg Hunt begins PROMPTLY AT 10AM!**

**DO NOT BE LATE!**

**\*Bring your own Basket\***

Come enjoy a morning of crafts  
and a bounce house!



Please contact Alyson Pieno at (434) 589 - 2016 or [apieno@fluvannacounty.org](mailto:apieno@fluvannacounty.org)  
if you have any questions.





# Fluvanna County Earth Day Event



## Tire and Hazardous Waste Collection

*Arrive early – limited collection capacity!  
When the trucks are full, we will close.*

**When:** Saturday, April 21, 2018

**Time:** 10:00 am to 2:00 pm

**Where:** Pleasant Grove Park

**What:** Safe disposal of tires, gasoline, paints, and other hazardous waste

**Rules:**

- Must be a Fluvanna resident and present ID
- All tires must be off rims
- No business disposals (tires or haz waste)
- No electronics

For more information please contact Jonathan Pace  
at (434) 842-3150 or [jonathanpace@fluvannacounty.org](mailto:jonathanpace@fluvannacounty.org)



# 13th Annual Quetzal Kite Festival

**Free Event**

May 12

10 a.m. - 4 p.m.

Pleasant Grove Park

The region's premier kite festival is back in Fluvanna County at beautiful Pleasant Grove Park. Join several of your closest friends and neighbors for a free day of kites, sun, and fun. There will be free face painting, food vendors, and kites for kids (until they run out). Kite flyers from Richmond Air Force and Wings Over Washington kite clubs will be on hand with demonstrations and fun for the whole family. There are also interactive activities for the kids throughout the day. For more information and directions go to the Quetzal website at [www.quetzalfest.com](http://www.quetzalfest.com) or contact the Fluvanna County Parks and Recreation Department at (434) 842-3150. If you would like to help sponsor this event, contact Jonathan Pace at the number listed above or via email at [jonathanpace@fluvannacounty.org](mailto:jonathanpace@fluvannacounty.org). This program will be cancelled if it rains.



# Carnival

**May 9th to May 12th**

**Pleasant Grove Park**

**\$15 armbands or \$1 per ticket (Free Entry)**

**Wednesday, May 9 – 6pm to 10pm**

**Thursday, May 10 – 6pm to 10pm**

**Friday, May 11 – 4pm to 10pm**

**Saturday, May 12 – 10am to 3pm  
and 5pm to 10pm**



**Valley Amusements will be coming for a special visit this Spring! Come out and enjoy all the rides that you enjoy during the County Fair! Admission to enter the Carnival will be free but you will still need to purchase ride tickets.**

**For more information contact Jonathan Pace at (434) 842 - 3150  
or [jonathanpace@fluvannacounty.org](mailto:jonathanpace@fluvannacounty.org).**

# OUTDOOR ACTIVITIES

## **RIVANNA RIVER HISTORY FLOAT**

**Ages 18+ / See Dates Below / 9am - 4pm approx. / \$20 / Meet at Palmyra VDGIF Boat Launch**

This is a leisurely and educational float down the Rivanna River from Crofton to Palmyra. Along the way, we will stop and visit historic sites and structures that were an integral part of commercial navigation on the Rivanna in the 18<sup>th</sup> and 19<sup>th</sup> centuries. We will meet at Palmyra VDGIF boat launch – shuttle is provided. Paddling experience required. You must be able to carry one end of a boat and assist in lifting it onto a trailer. Participants may bring their own boat, paddle and PFD, or arrange for a rental for an additional fee of \$10. All participants should bring their own food and water, insect repellent, sunscreen and river shoes.

**Session 1:** May 20                      Sunday

**Session 2:** June 3                      Sunday

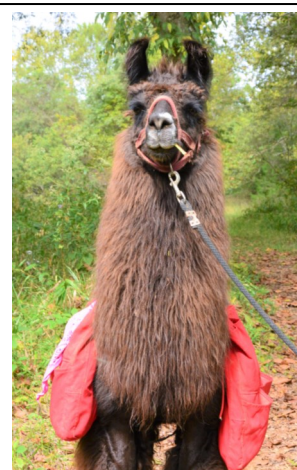
**Instructor:** Brian Coffield

**For questions please contact Alyson Pieno at (434) 589 - 2016 or [apieno@fluvannacounty.org](mailto:apieno@fluvannacounty.org).**

## **LLAMA TREKS**

**10+ or With Accompanying Adult / See Dates and Times Below / \$36 / Pleasant Grove Park**

**Session 1:** March 31      Saturday      2pm



Enjoy a leisurely walk in the woods with a llama as your companion. You will be guided along roughly 3 miles of trails at Pleasant Grove. Learn about llamas and the local flora and fauna along the way. Each person, 10 years and older, will get to walk their own llama. Younger children may accompany an adult along the walk. Each walk will have room for up to 8 people. Bottled water will be provided. Please wear appropriate shoes for a hike in the woods. We will be crossing creeks. No flip flops, clogs, etc. The introduction to the llamas and the walk will take about 2 to 3 hours. Must sign up in advance. We will meet in the equine parking area.

**Trek Leaders:** Heather Antonacci and Paige McGrath - Lower Sherwood Llamas

**For questions please contact Alyson Pieno at (434) 589 - 2016 or [apieno@fluvannacounty.org](mailto:apieno@fluvannacounty.org).**

# OUTDOOR ACTIVITIES

## **HORSEBACK RIDING AT EQUUS SPRINGS FARM**

**Hunt Seat and Western Lesson Available**

### **Introduction to Horseback Riding**

**Ages 5 - 95 / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class**

Ages 5 to 95 with little or no riding experience will learn grooming, tacking, and riding.

<b>Session 1:</b>	Jan 13 - Feb 3	Saturdays	10:30 - 11:30am
<b>Session 2:</b>	Jan 25 - Feb 15	Thursdays	4:30 - 5:30pm
<b>Session 3:</b>	Mar 3 - Mar 24	Saturdays	10:30 - 11:30am
<b>Session 4:</b>	Apr 6 - Apr 27	Fridays	6 - 7pm
<b>Session 5:</b>	Apr 7 - Apr 28	Saturdays	10:30 - 11:30am

### **Beginner Horseback Riding**

**Ages 6+ / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class**

This class is a beginners class for children ages 6 and up with some experience who are able to trot independently and control speed and direction of the horse.

<b>Session 1:</b>	Jan 27 - Feb 17	Saturdays	10:30 - 11:30am
<b>Session 2:</b>	Feb 2 - Feb 23	Fridays	4:30 - 5:30pm
<b>Session 3:</b>	Feb 22 - Mar 15	Thursdays	4:30 - 5:30pm
<b>Session 4:</b>	Mar 17 - Apr 7	Saturdays	10:30 - 11:30am
<b>Session 5:</b>	Apr 5 - Apr 26	Thursdays	6 - 7pm

### **Intermediate Hunter Horseback Riding**

**Ages 8+ / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class**

Ages 8 and up with many years of experience; must be able to canter and jump 18" or lope patterns safely in a group.

<b>Session 1:</b>	Mar 16 - Apr 6	Fridays	4:30 - 5:30pm
<b>Session 2:</b>	Apr 7 - Apr 28	Saturdays	9 - 10am

**Instructor:** Heather Antonacci

**Please contact Alyson Pieno at (434) 589 - 2016 or [apieno@fluvannacounty.org](mailto:apieno@fluvannacounty.org) for all horseback riding questions.**



# OUTDOOR ACTIVITIES

## INTRO TO KAYAKING ON THE RIVANNA

**Ages 18+ / See Dates Below / 8am - 12:30pm / \$25 / Palmyra Boat Launch**

Interested in Kayaking but you don't have the gear or experience? This class will cover all the basics and we will provide a boat, paddle and life jacket. We will cover the fundamentals of paddling and safety techniques; then take a leisurely 3 - 4 hour float on the Rivanna River from Crofton boat launch to the Palmyra boat launch. Class size limited to 8 participants.

**Session 1:            May 19            Saturday**

**Session 2:            June 2            Saturday**

**If you have any questions please contact Alyson Pieno at (434) 589 - 2016 or [apieno@fluvannacounty.org](mailto:apieno@fluvannacounty.org).**



# DOG OBEDIENCE TRAINING



## About the Instructor:

Upon graduating from UVA, Ashleigh Morris looked to the dog world for a career path. Her natural ability with dogs led her to also pursue a career in dog training. Studying under an Animal Behavior Consultant, Ashleigh learned a variety of skills to help others solve their dog's behavior problems. She also learned to train dogs and humans in the basic skills needed to enhance the human - animal bond. Ashleigh has been training on her own since 2005 and continues to expand her knowledge and education in order to help people mold their dogs into the perfect companion. She uses positive reinforcement methods. Contact Ashleigh at (434) 589 -7209 or [aymorris@hotmail.com](mailto:aymorris@hotmail.com) with any questions.

## BEGINNING OBEDIENCE

**All Ages / See Dates & Times Below / \$80 / Dog Spot @ Fluvanna Community Center**

Dogs will be dogs until humans teach them some proper manners. Learn how to positively motivate your dog to interact with people in an acceptable way by teaching sit, look, down, stay, come, leave it, and loose-leash walking — all building blocks to living with a well-mannered dog. Typical behavior problems and solutions for biting, barking, and many other issues will be discussed. Dogs of all ages with up-to-date shots are welcome. Families are encouraged to attend together.

<b>Session 1:</b> Jan 9 - Feb 6	Tuesdays	6:30 - 7:30pm
<b>Session 2:</b> Jan 10 - Feb 7	Wednesdays	3:30 - 4:30pm
<b>Session 3:</b> Feb 14 - Mar 15	Wednesdays	6:30 - 7:30pm
<b>Session 4:</b> Feb 15 - Mar 15	Thursdays	10:30 - 11:30am
<b>Session 5:</b> Mar 26 - Apr 23	Mondays	3:30 - 4:30pm
<b>Session 6:</b> Mar 27 - Apr 24	Tuesdays	7:30 - 8:30pm



## INTERMEDIATE OBEDIENCE OR CANINE GOOD CITIZEN OR CONFIDENCE CLASS

**Dates & Times Below / \$80 / Dog Spot @ Fluvanna Community Center**

<b>Session 1:</b> Jan 9 - Jan 30	Tuesdays	7:30 - 8:30pm (CGC will end Feb 6)
<b>Session 2:</b> Jan 10 - Jan 31	Wednesdays	4:30 - 5:30pm (CGC will end Feb 7)
<b>Session 3:</b> Feb 14 - Mar 7	Wednesdays	7:30 - 8:30pm (CGC will end Mar 14)
<b>Session 4:</b> Feb 15 - Mar 8	Thursdays	9:30 - 10:30am (CGC will end Mar 15)
<b>Session 5:</b> Mar 26 - Apr 16	Mondays	4:30 - 5:30pm (CGC will end Apr 23)

\*Confidence Class is ONLY offered Session 5 and 6 because of weather.

\*Please see the next page for Intermediate Obedience, Canine Good Citizen and Confidence Class descriptions.

**\*NOTE\*** Depending on demand, either Intermediate Obedience, Confidence Building, or Canine Good Citizen, will run during the dates/times listed. Please let Ashleigh know as soon as possible which class you are interested in. You will be contacted closer to the class date as to what class will be held. Since the Confidence Class is held outdoors the dates/times it is offered is limited.



# **DOG OBEDIENCE TRAINING**

## **INTERMEDIATE OBEDIENCE**

Take your dog's training to the next level with Intermediate Obedience. Learn how to get your dog to focus on you and come to you with lots of distractions while your dog builds on already-learned skills. Graduates of Beginning Obedience or dogs that have passed an assessment test may enter this class. This is a 4-week class.

## **CANINE GOOD CITIZEN**

This class is designed to teach you how to teach your dog to be a good citizen in the community. Most of your dog's learning will be at home as the two of you work together every day. Ashleigh will spend each class teaching the 10 skills needed to pass the Canine Good Citizen test. She is a Canine Good Citizen Test evaluator and can offer the official AKC test for an additional fee upon graduation.

## **CONFIDENCE BUILDING**

Help your dog gain confidence while you have fun teaching your dog to conquer a variety of obstacles. The more dogs learn, the more confidence and trust they place in their human. Dogs must have completed a Beginning Obedience class before enrolling in this course. This is a 4-week course.

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## **DOG TRAINING CLINICS**

### **Dates and Times Below / \$30 / Dog Spot @ Fluvanna Community Center**

Training clinics are designed to help people learn how to teach basic skills to their dogs. Clinic I is a prerequisite to taking Clinic II, Clinic III & IV unless you have trained with Ashleigh previously. You can choose which clinics you attend, or attend all of them.

**Clinic I:** January 18                      Thursday                      10 - 11am

- **WITHOUT DOGS** - no you didn't read that wrong. This Clinic is designed so that the 2-legged students can get up to speed on positive reinforcement and how to use it to meet your training goals. Since you are your dog's primary trainer it is a must for you to understand how to communicate with them to help them grow into the canine companion that you want them to be.

**Clinic II:** February 20                      Tuesday                      3:30 - 4:30pm

- Look, sit, come, stay and wait. (Perfect for teaching the dogs not to dash out the door.)

**Clinic III:** March 21                      Tuesday                      3:30 - 4:30pm

- Look, sit, come, down and settle.  
(Ideal for having the dogs chill while company is over.)

**Clinic IV:** April 18                      Wednesday                      10 - 11am

- Look, sit, come, leave it and drop it. (A must if the dog snags an item they shouldn't have!)

**For more information or questions please contact Alyson Pieno at (434) 589 - 2016 or [apieno@fluvannacounty.org](mailto:apieno@fluvannacounty.org).**

# ENRICHMENT

## **FLUVANNA MOTHERS PLAY GROUP**

**Infants - 6 / Tuesdays / Ends May 22 / 10am - 12pm / \$5 per child per year / Carysbrook Gym**

This is a weekly playgroup designed for children birth to 6. Our play area in the gym includes toys and play mats for your child to enjoy. We encourage parents and caretakers to play with the children and socialize in our kid-friendly environment. To fund all of our wonderful events throughout the year, purchase cleaning supplies and any bins and new toys, we ask for \$5 per child. Also, if you would like to donate any toys to the group, feel free to bring them. (However, please no stuffed animals due to cleaning and storage issues.)

### **FUN EVENTS FOR 2017!**

**February 13** - Valentine's Day Party. Bring a treat to share.

**March 13** - St. Patrick's Day Party. Wear green and bring a green treat to share!

**March 27** - Easter Egg Hunt and Party. \*\*Bring your own basket and 6 filled eggs per child.

**April 17** - FREE Spring/Summer Clothes Swap. Bring in your gently used clothes to swap.

**May 22** - Last day of group. End of the year party. Bring one side dish to share. The last day of playgroup may change due to hot summer weather.

**Please contact Adrianna Wilder at [carysbrookplaygroup@gmail.com](mailto:carysbrookplaygroup@gmail.com) or Jonathan Pace at [jonathanpace@fluvannacounty.org](mailto:jonathanpace@fluvannacounty.org) if you have any questions. Volunteers Needed!**

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## **SAVE THE DATE!!!!**

### **5TH ANNUAL FLUVANNA COUNTY FAIR**

**August 15 to August 18 / \$2 / Pleasant Grove Park**

Ask about our great sponsorship package or how to volunteer!



**For more information contact Jonathan Pace at (434) 842 - 3150 or [jonathanpace@fluvannacounty.org](mailto:jonathanpace@fluvannacounty.org).**



# FLUVANNA COUNTY COMMUNITY GARDEN *Pleasant Grove Park*



RESERVE YOUR GARDEN PLOT

Early Bird Rate  
by Feb 15th

Download an  
application at:

[fluvannacounty.org](http://fluvannacounty.org)  
and click on  
Parks and Recreation

**Where can you garden with full sun, deer and critter fencing, and water?**

Get your plot(s) at the Fluvanna County Community Garden located in Pleasant Grove Park, Palmyra, Virginia.

Reserve by February 15, 2018 to get the Early Bird rate of

\$45.00. Rate then goes up to \$50.00. Plots are 10' x 15'

Plots will be assigned to new gardeners in February and March. Garden plots are assigned on a first come, first served basis. If no plots are available in the garden, you will be put on a wait-list and notified when one becomes available.



**Virginia Cooperative Extension**  
Virginia Tech • Virginia State University

[www.ext.vt.edu](http://www.ext.vt.edu)

Virginia Cooperative Extension programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, veteran status, or any other basis protected by law. An equal opportunity/affirmative action employer. Issued in furtherance of Cooperative Extension work, Virginia Polytechnic Institute and State University, Virginia State University, and the U.S. Department of Agriculture cooperating. Edwin J. Jones, Director, Virginia Cooperative Extension, Virginia Tech, Blacksburg; M. Ray McKinnie, Interim Administrator, 1890 Extension Program, Virginia State University, Petersburg.

# FLUVANNA COUNTY PARKS AND FACILITIES

## **Pleasant Grove Park (Western Trailhead)**

271 Pleasant Grove Drive  
Palmyra, VA 2296

- Hiking, Equestrian and Biking Trails
- Pole Barn
- Playground
- Athletic Fields
- Butterfly Garden
- Outdoor Stage
- Disc Golf Course

## **Pleasant Grove House Museum and Welcome Center**

271 Pleasant Grove Drive  
Palmyra, VA 22963  
(434) 589-2016

- Parks and Rec Office
- Transportation Museum
- Summer Kitchen
- Nature Room

## **Pleasant Grove Park (Eastern Trailhead)**

110 Thomas Jefferson  
Parkway  
Palmyra, VA 22963

- Dog Park
- ADA Trailhead
- Picnic Shelters
- Fitness Loop

## **Pleasant Grove Dog Park**

Located at the Eastern  
Trailhead

- 3 fenced in areas for large and small dogs

## **Carysbrook Sport Complex**

8788 James Madison  
Highway  
Fork Union, VA 23055

- Athletic Fields
- Gymnasium
- Playground
- Picnic Shelter

## **Carysbrook Performing Arts Center**

8880 James Madison  
Highway

- Palmyra, VA 23055
- Various Performances
- Rental Options

## **Civil War Park**

Court Square  
Palmyra, VA 22963

- Fluvanna's First Park (1828)
- 1/2-acre space with picnic tables and Civil War tributes

## **Fluvanna Community Center**

5725 James Madison  
Highway  
Fork Union, VA 23055  
(434) 842-3150

- Parks and Rec Office
- Fork Union Active Older Adults Center
- Playground
- Rentals All Year Long

## **Cunningham Active Older Adult Center (VFW Hall )**

2997 W. River Road  
Scottsville, VA 24590

- Programs on 1st & 3rd Monday every month

## **Kent's Store Active Older Adult Center (ARC)**

111 Kent's Store Way  
Kent's Store, VA 23084

- Programs on 2nd & 4th Thursday every month

## **Troy Active Older Adult Center (Beaver Dam Baptist Church)**

1794 Richmond Road  
Troy, VA 22974

- Programs on 1st & 3rd Tuesday every month

# RENTAL RATES

Fluvanna County Parks and Recreation rents facilities for weddings, receptions, meetings, conferences, lectures, dances, luncheons, parties and family reunions. Facilities and equipment are listed below. Refunds may be given when requested ONE WEEK PRIOR TO THE START OF THE RENTAL. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule.

## **Pleasant Grove Park**

Athletic Fields (Baseball, Softball, Soccer): \$10/hour

Tournaments: \$75/day

Outdoor Stage: \$100/day

Pole Barn: \$75/day (\$100 Deposit)

Utilities: \$25/day

Horseback Riding on

Trails: \$8 (non-residents)

Meeting Room: \$10/hour  
( \$25 deposit)

## **Heritage Trail Pavilions (Eastern Trailhead)**

Large Pavilion (40 people):

\$50/day (\$100 Deposit)

Small Pavilion (25 people):

\$25/day (\$100 Deposit)

## **Disc Golf Set:**

\$5 per set with bag  
(\$50 Deposit)

## **Fluvanna Community Center**

Meeting Room: \$20/hour  
(\$50 Deposit)

Auditorium: \$75/hour  
(\$100 Deposit)

Kitchen: Under  
Renovation

Staffing Fee (after hours):  
\$15 hour

## **Carysbrook Sports Complex**

Athletic Fields: \$10/hour;  
with

lights \$20/hour (\$100  
Deposit)

Tournaments (per fields):  
\$75/day

(\$100 Deposit)

Gymnasium: \$50/hour;  
with tarp

\$75/hour (\$100 Deposit)



## **Kayaks & Canoes:**

\$20 each per day \$35

each for

weekend (\$100 Deposit)

## **River Shuttle Available:**

\$5 a person or \$20 dollar  
minimum.

Call (434) 589 - 2016 for  
more information.

## **Tables**

Rectangular: \$3 each per  
day

(\$50 Deposit)

Round: \$5 each per day

(\$50 Deposit)

## **Chairs**

\$1 each per day (\$50  
Deposit)

## **18' x 30' Tent Canopy**

\$100/day (\$100 Deposit)

## **14' x 20' Tent Canopy**

\$75/day (\$100 Deposit)



Connect with us on Facebook for News,  
Updates, Photos, and Events:

[www.Facebook.com/](http://www.Facebook.com/)

FluvannaParksandRecreation

## Spring 2018 Library Events

### Winter Reading Program @ the Library

Monday, December 11 - Saturday, March 17

Calling all kid, teen, and adult readers! Cool prizes for all ages!



### Preschool Story Times

Tuesday Mornings at 10 a.m.

January 9 - May 15

Join us for some fun stories, songs, and movement with *Mother Goose on the Loose*. Infants to Preschool.



Friday Mornings at 10 a.m.

January 5 - May 18

Join us for some fun stories and a craft. Preschool

### Friday Movies @ the Library

1<sup>st</sup> & 3<sup>rd</sup> Fridays at 2 & 7 p.m.

### AARP Tax Help

February 1 - April 15

More information available at the Library.

### "No School Today" @ the Library

Friday, February 16

10 a.m. - Friday Morning Storytime

1-2 p.m. - Celebrate the Winter Olympics with crafts & activities. All ages welcome.

### "No School Today" @ the Library

Friday, March 9

10 a.m. - Friday Morning Storytime

1-3 p.m. - LEGO Builder Party. All ages welcome.

### Spring Break @ the Library

Friday, March 30 - Friday, April 6

Watch for fun activities, movies and more!

Contact the Library with questions at (434) 589-1400 or via email at [fluvannalibrary@gmail.com](mailto:fluvannalibrary@gmail.com).

Sponsored by the Friends of the Library.

# MASTER NATURALIST ACTIVITIES

HIKES : ALL ARE ON THE SECOND SATURDAY OF THE MONTH AND BEGIN AT 2 PM.

- ⇒ **January 13** – Learn how to identify trees in the winter. Start at the library for some tips, then hike the tree trail using what you have learned!
- ⇒ **February 10** – Skulls and skat!! Join Miss Ida in learning about animal skeletons and their skat. (Possibly other surprises as well!!) Meet in the library nature room. If there is snow on the ground we will also go out and look for animal signs.
- ⇒ **March 10** – Check out the Quail Meadow Trail, looking for signs of birds and other wildlife as well as Spring plant growth. Meet at the Pleasant Grove Park Museum (Hayden House).
- ⇒ **April 14** – Hike the rail trail across from the courthouse square. See a rare tree, look for signs of the old railroad, and pull the garlic mustard to try to get rid of it!
- ⇒ **May 12** – Hike the Sandy Beach Trail, discovering the wildlife along the Rivanna and its adjacent lowlands/ wetlands. Meet at the kiosk near the dog park.

## OTHER MASTER NATURALIST ACTIVITIES IN FLUVANNA COUNTY:

High School Envirothon Team. . Open to ANY high school student. . . Ida Swenson

Trail building and Maintenance at Pleasant Grove. . . Walter Hussey and Jeff Divers

Bluebird Monitoring . . Pat Burkett

Scheier Natural Area trail maintenance and educational programs. . . Steve Pullinger, Deborah Andersen

River Guardians . . . Rivanna Conservation Alliance. . . John Wilkinson and Pat Burkett

Fluvanna Schools . . . Ida Swenson

Fluvanna County Library programs. . . Deborah Andersen, Pat Coldewey and Walter Hussey

Stream Watch . . . multiple streams. . . Ida Swenson

Nature Room (Pleasant Grove Park) – Pat Coldewey

Butterfly Garden and Wildlife Meadows (Pleasant Grove Park) – Walter Hussey

**\*Please check our Facebook page for trail conditions the day of the hike at  
[www.Facebook.com/FluvannaParksandRecreation](http://www.Facebook.com/FluvannaParksandRecreation)\***

# Registration Form



**FLUVANNA**  
**PARKS & RECREATION**

PAYMENT MUST ACCOMPANY THIS FORM  
MAKE CHECKS PAYABLE TO "FCPR"  
P.O. BOX 70, PALMYRA, VA 22963 (434) 589-2016

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_  
Last Name \_\_\_\_\_ Birth Date \_\_/\_\_/\_\_ Gender M/F

Mailing Address \_\_\_\_\_

Email Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Mobile Phone \_\_\_\_\_

Emergency Contact: Name \_\_\_\_\_ Phone \_\_\_\_\_

Shirt Size:     Youth Adult Small Medium Large X-Large

Special Needs/Disabilities \_\_\_\_\_ Allergies \_\_\_\_\_

Household Members:

Name: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Name: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Name: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Name: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Activity Title	Date(s)	Time(s)	Fee (non-resident add 15%)

**Assumption Of Risk**

I understand the nature of the activity in which I am (my child is) being enrolled. I understand that there are certain risks inherent with participating in recreational activity and that it is the duty of each participant to exercise reasonable care for their own safety and that of other participants. If this consent is given for my child, I also understand that, while participating in the activity, my child will be expected to behave in a reasonable and responsible manner and that the activity's supervisory staff has the authority to discipline my child in a manner similar to that imposed in Fluvanna County's public schools. I understand that under Virginia law, both Fluvanna County and its employees are immune from liability for negligence should I (my child) suffer any injury while participating in the activity and that I may consider procuring insurance to protect myself (my child) from such occurrences. With all this in mind, I hereby give my consent to enroll myself (my child) in the activity indicated. I also agree for my child to be transported by Parks and Recreation to the appropriate facility for my child to participate in such class if needed.

Signature of Participant or Legal Guardian if under 18 years of age \_\_\_\_\_ Date: \_\_\_\_\_

Print Legal Guardian's name for participants under 18 years of age: \_\_\_\_\_

**Refund Policy:** Refunds may be given when requested provided the request is made prior to the start of the activity. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule. If supplies were purchased on your behalf, that amount may also be deducted from your refund. Allow up to 60 days for your refund to be mailed. A \$20 service charge will be assessed for any returned checks.

Office Use Only: Rec'd Date \_\_\_\_\_ By \_\_\_\_\_ Check # \_\_\_\_\_ Cash \_\_\_\_\_ CC \_\_\_\_\_



# COMMUNITY PARTNERS

## **Fluvanna County Extension Office**

5725 James Madison Highway  
Fork Union, VA 23055  
(434) 591 - 1950

## **Fluvanna County Library**

214 Commons Boulevard  
Palmyra, VA 22963  
(434) 589 - 1400

## **School Board Office**

14455 James Madison Highway  
Palmyra, VA 22963  
(434) 589 - 8208

## **Sheriff's Office**

160 Commons Boulevard  
Palmyra, VA 22963  
(434) 589 - 8211

## **Fluvanna County Historical Society**

Physical Address: 14 Stone Jail  
Street  
Palmyra, VA 22963  
Mailing Address: PO Box 8  
Palmyra, VA 22963  
(434) 589 - 7910  
fluvannahistory@gmail.com

## **Jefferson Area Board for Aging**

674 Hillsdale Dr. Ste. 9  
Charlottesville, VA 22901  
(434) 817 - 5222  
jabacares@gmail.com

## **Fluvanna Heritage Trail Foundation**

PO Box 501  
Palmyra, VA 22963  
(434) 589 - 4839

## **Fluvanna Master Gardeners**

(434) 591 - 1950  
www.fluvannamg.org

## **Fluvanna Arts Council**

265 Turkey Sag Trail  
Suite 102, Box 210  
Palmyra, VA 22963  
(434) 842 - 1333  
Info@Carysbrook.org

## **Social Services**

8880 James Madison Highway  
Fork Union, VA 23055  
(434) 842 - 8221

## **Fork Union Military Academy**

4744 James Madison Highway  
Fork Union VA 23055  
(434) 842 - 3212

## **Boy Scouts of America**

Stonewall Jackson Area Council  
www.bsa-sjac.org/districts/  
monticello

## **Fluvanna Farm Bureau**

15905 W. River Road  
Fork Union, VA 23055  
(434) 842 - 3411

## **Virginia Department of Game and Inland Fisheries**

Chris Heberling, Game Warden  
(540) 899 - 4169  
www.dgif.virginia.gov

## **Child Services Act**

132 Main Street  
Palmyra, VA 22963  
(434) 591 - 1933

## **Chamber of Commerce**

177 Main Street  
Palmyra, VA 22963  
(434) 489 - 3262

## **Charlottesville Area Mountain Bike Club (CAMBC)**

PO Box 6516  
Charlottesville, VA 22906  
info@cambc.org

## **Youth Advisory Committee**

www.fluvannayac.org

## **Partnership for Aging**

Deborrah Foreman  
(434) 962 - 8153

## **Fluvanna Art Association**

www.fluvannaartassociation.com

## **Department of Social Services**

8880 James Madison Highway  
Fork Union, VA 23055  
(434) 842 - 8221



Virginia Department of Veterans Services

## **Attention Veterans and Dependents: Do you know your Veterans Benefits? We do!**

Virginia Department of Veterans Services

www.dvs.virginia.gov

Need help? Visit us at the Fluvanna Community Center by appointment only.

5725 James Madison Highway

Pamela Zirkle & Jeannette Flint (434) 295 - 2782

# FLUVANNA SPORT ORGANIZATIONS

## **Basketball**

Fluvanna County Parks & Recreation  
(Fall & Winter)  
Ages 3 - 13  
Contact: Jonathan Pace  
(434) 842 - 3150  
jonathanpace@fluvannacounty.org

## **Tennis**

Camp Friendship Tennis Center  
Contact: Alina Ackenbom  
(434) 589 - 5867  
alina@campfriendship.com  
www.friendshiptennis.com

## **Baseball**

FYB - Fluvanna Youth Baseball  
(Spring)  
Ages 4 - 15  
Baseballfluvannayouth@gmail.com  
Website:  
fluvannayouthbaseball.com

## **FUMA Aquatic Club**

(Summer)  
Contact: Ryan Campbell  
campbellr@fuma.org  
(434) 842 - 4210

## **Softball**

Fluvanna Girls Softball League  
(Spring & Fall)  
Ages 5 - 18  
Register January 4  
Contact: Tiffany Rosales  
(434) 242 - 1933  
fluvannasoftwareball@gmail.com  
www.fluvannagirlssoftball.com

## **Football**

Fluvanna County Parks & Recreation  
(Fall)  
Ages 11 & 12  
Contact: Jonathan Pace  
(434) 842 - 3150 jona-  
thanpace@fluvannacounty.org

## **JDYFL - Jefferson District Youth Football League (Fall)**

Ages 8 - 14  
Fluvanna County Contact:  
Scott Fraser (757) 871 - 2190  
Scott.fraser@accu-tech.com  
www.TJFYL.net

## **Soccer**

FYSA - Fluvanna Youth Soccer Association  
(Spring & Fall)  
Littler Strikers & U5 - U14  
Contact: Tom Beckham at  
FYSAforce@aol.com  
Website: www.fysa.org

## **Swimming**

LMST - Lake Monticello Swim Team  
(Summer)  
Contact: Laura Payne  
Lmst-info@comcast.net  
www.lmst.jsl.org

## **FAST - Fluvanna Aquatics Sports Team (Summer)**

Contact: Coz DiFazio  
(434) 326 - 5566  
info@fluvanna-swimming.org  
www.fluvanna-swimming.org

## **Flutterwheels Square Dance Club**

Free Open Houses:  
September 11 & 18, 2017  
Contact: Marti  
(540) 894 - 0564  
(540) 259 - 2568

## **Pleasant Grove House Museum**

A slice of Fluvanna history resides in the renovated Pleasant Grove House and Summer Kitchen Museums. The House also serves as the County Welcome Center for visitors along with housing exhibits relating to the history of transportation in Fluvanna County.

### **Hours:**

Monday to Friday 8am - 5pm  
Saturday and Sunday 12 - 4pm

### **Address:**

271 Pleasant Grove Drive  
Palmyra, VA 229663

**Phone:** (434) 589 - 2016

